

Reset to the New Life

Putting On and Putting Off
Week 10 Worksheet

Passages to Read- Romans 6 noting (the victory mindset), 7 (the conflict within) and 8 (security by being in Christ)

Study Questions

1. Do you believe in the resurrection of Christ? How should that affect your behavior? (Rom. 6:4)
2. What are the things you should “know” and how do these facts assist you in growing and overcoming sinful ways? (Rom. 6:3,6,9)
3. What is the mindset of victory? (Rom. 6:11)
4. How do the ideas of knowing, considering and presenting fit together in living the new life? (Rom. 6:3-13)
5. Explain the practice of “putting aside” and “putting on the new man?” (Col. 3:9,10)
6. How do you “consider the members of your body as dead to” all the evil desires mentioned? (Col. 3:5)
7. How is the new self being renewed? (Col. 3:10)
8. What is the new self being shaped “according to?” How might you assist that changing process or what should you focus on? (Col. 3:10)
9. (2 Tim. 2:22)
10. To be useful to the Master what should you do with youthful lust? (2 Tim. 2:22)
11. What are “youthful lust?” Are they only for the young or are they describing a kind of lust? (2 Tim. 2:22)
12. How do you flee youthful lust? (2 Tim. 2:22)
13. How does the pursuing of righteousness, faith, love and peace help you to overcome lusts? (2 Tim. 2:22)
14. How does it help to pursue righteousness “with those who call upon the Lord with a pure heart?” (2 Tim. 2:22)
15. What wages war against your soul? (1 Peter 2:11)
16. How does it say to address that fleshly lust? (1 Peter 2:11)
17. What are the fleshly lusts that wage war against your soul of which you must completely abstain? (1 Peter 2:11; 4:2,3)
18. How does abstaining differ from the idea of diminishing? (1 Peter 2:11)
19. How are you to deal with the flesh? (Rom. 13:14)
20. What two entities have set themselves against each other in the operation of your life? (Gal. 5:17)
21. In what specific areas have your flesh and Spirit conflicted? How does this affect you to “do the things that you please?” (Gal. 5:17)
22. How do you battle with the flesh? Do you focus on the fleshly desires and activities or focus in a different direction? (Gal. 5:17)
23. How do you “walk by the Spirit” so that you don’t carry out the desires of the flesh? (Gal. 5:16)

Memory Verses

Gal. 5:17 2 Tim. 2:22

Prayer Focus

1 Thess 5:23-25 Ps.119:65-72